

# Who's in Charge?

Does your child hurt, intimidate or abuse you?  
Do you feel you are losing control?  
Want to handle conflict better?

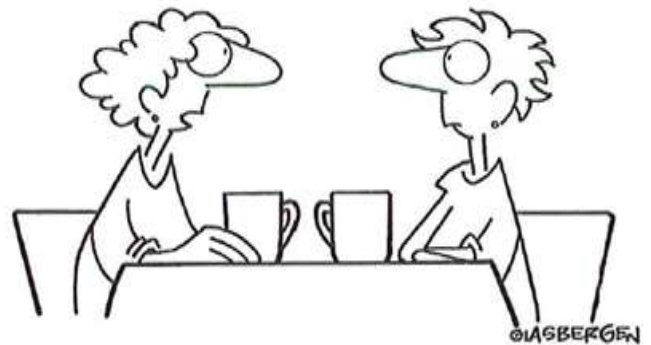
The Who's in Charge? Group is an 8 week program for parents or carers of young people (8 to 18 years) who are out of control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Clarify boundaries of what is acceptable and unacceptable behaviour
- Reduce feelings of isolation, shame and guilt, which most parent's feel
- Offer ideas to help develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and well-being
- Help you feel more in control and less stressed

Further info on violence to parents:  
[www.eddiegallagher.id.au](http://www.eddiegallagher.id.au)

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"Discipline and good behavior are the keys to family harmony, so my husband and I do everything our children tell us to."

**8 week program  
commences in  
Warrnambool:  
Monday 13<sup>th</sup> April  
10.00 am to 12.00 pm**

**Venue to be confirmed**  
For enquiries or bookings contact  
5561 8888

**For more information contact:**

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[www.brophy.org.au](http://www.brophy.org.au)  
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